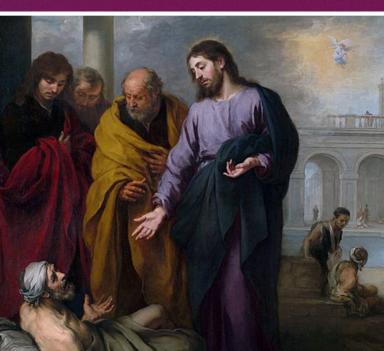
Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled or afraid.

John 14:27





## About the National Catholic Mental Health Campaign

The National Catholic Mental Health Campaign is a year-round initiative of the USCCB to encourage all people of good will to respond to the ongoing mental health crisis across the United States.

## You can get involved by:

- Praying the Novena for Mental Health.
- Participating in Mental Health Sunday.
- Organizing a Catholic conference on mental health.
- And much more!

Learn about the Campaign by visiting usccb.org/mentalhealth or scanning the QR code below.

