

**Peace I leave with you; my peace
I give to you. I do not give to you as
the world gives. Do not let your
hearts be troubled or afraid.**

John 14:27



NATIONAL
CATHOLIC
mental
health
CAMPAIGN



About the National Catholic Mental Health Campaign

The National Catholic Mental Health Campaign is a year-round initiative of the USCCB to encourage all people of good will to respond to the ongoing mental health crisis across the United States.

You can get involved by:

- Praying the Novena for Mental Health.
- Participating in Mental Health Sunday.
- Organizing a Catholic conference on mental health.
- And much more!

Learn about the Campaign by visiting [**usccb.org/mentalhealth**](https://usccb.org/mentalhealth) or scanning the QR code below.



United States
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